

Suicide Prevention, Intervention, & Postvention Trainings**

safeTALK

Focus: Suicide alertness

Duration: 2.5 to 3 hours

Participants: All school staff and student leaders over the age of 15; 10 to 40 participants per session

Applied Suicide Intervention Skills Training (ASIST)

Focus: Suicide intervention

Duration: 2 days – 15 hours

Participants: All caregivers, formally designated or not, 15 to 30 participants per session

Sources of Strength

Focus: Peer education and resiliency training to increase positive help-seeking behaviors among youth and break down codes of silence

Duration: Adult advisors 4-6 hours, adults and peer leaders 3-4 hours

Participants: Adult advisors and student/peer leaders.

Columbia Suicide Severity Rating Scale

Focus: Suicide Assessment & Screening

Duration: 1 to 1.5 hours

Participants: Direct care and clinical staff

Lifelines

Focus: Training for schools in youth suicide prevention, intervention, and postvention

Duration: 3 courses, 6 hours each

Participants: Administrators, school staff, parents, students

Trevor Lifeguard

Focus: Training in LGBTQ suicide alertness

Duration: 1 to 2 hours

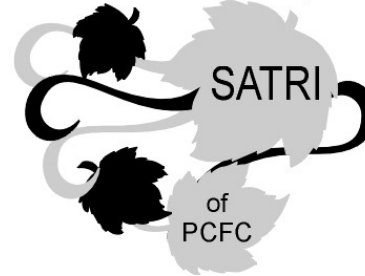
Participants: Any youth, 10-35 participants

**Funding may be available from the New York State Office of Mental Health, please inquire about applicable pricing.



*All Parsons Child and Family Center trainers are subject matter experts with extensive experience working with children and families. Each training is customized to the specific strengths and challenges that exist in each district or school. To inquire about pricing or for questions about any training offering, please contact Kelly Busch directly.

Sidney Albert
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Parsons Child and
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Sidney Albert Training &
Research Institute

Customized Training Topics



Parsons

CHILD & FAMILY CENTER

an affiliate of
Northern Rivers Family Services



Therapeutic Response : Initial Training*

Focus: A behavioral de-escalation and early intervention program customized specifically to the needs of school districts. Using evidence based practice and the extensive experience of Parsons Master Trainers, this program is designed to assist the broad array of personnel dedicated to teaching children and youth. Full training includes parts A-E, verbal only includes parts A-D.

Duration: 16 hours

Participants: Programs are designed for education and social work staff, educational paraprofessionals, aides, bus drivers, parents, and community members.

Program Modules (A-E):

- A. Understanding youth issues; motivation for behavior and “misbehavior;” impact of trauma on behavior and development; developmental models; SOS Model.
- B. Active listening (reflecting emotion, summarization, and non-verbal techniques) in the context of diffusing escalation within SOS model.
- C. Avoiding the crisis cycle; assessment of personal response styles; relaxation techniques, problem solving, and negotiation.
- D. Intervention techniques for crisis situations through the SOS Model; behavior management skills; de-escalation techniques; Life Space Interview.
- E. Certification in physical Interventions, including Handle With Care© technique, defensive releases; documentation; individual crisis/behavior management plans.

Therapeutic Response : Re-certification *

Focus: Includes physical and verbal interventions. This should be considered for any staff who wish to maintain certification in physical intervention techniques, as well as to provide a solid foundation with supervised practice in de-escalation skills. To maintain certification once the original training is completed, staff must be re-certified every year after.

Duration: 4 hours

The physical restraint techniques taught in Therapeutic Response are Handle With Care© techniques. These techniques have significantly fewer moves than other models and when done properly are very reliable, do not over flex joints or impact breathing, and can be safely maintained by one person until help arrives.
HWC teaches a standing hold, a 2-person restraint , and a small child hold.

Therapeutic Response Pricing:

Initial Training (A-E):
\$210 per person

Initial Training (Verbal Only A-D):
\$100 per person

Recertification:
\$ 140 per person

Customized Trainings*

Focus & Participants: Varied

- Classroom Management Techniques
- Building a Positive Classroom Environment
- Understanding Mental Health Diagnoses
- Useful Interventions for Children with Emotional Disturbance
- Bullies 101
- Mentoring
- Mediation
- Child & Adolescent Development
- Safety/Awareness
- Impact of Trauma
- Discipline vs. Punishment/Rules
- Understanding Domestic Violence
- Recognizing & Treating Sexual Abuse
- Aggressive Juvenile Sexual Behavior

Additional training topics can be customized at clients request.

Customized Training Pricing:

Half Day of Training: \$ 500
Full Day of Training: \$ 1,000

Price is based on 1 trainer per 25 participants. To accommodate larger audiences, additional trainers may be needed and additional charges may be incurred.